Sunny Patel

10/18/2013

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| Mental Evolution Mix – Intro |  |
| Ham n’ Eggs |  |
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Mental Evolution Mix – Intro

A Tribe Called Quest - Ham n’ Eggs

* Seems to be about eating & promoting healthy foods
* In the chorus they talk about not eating ham n’ eggs, however towards the end of the song you can just barely hear them say, “yep, all the time!”

Donny Hathaway & Roberta Flack – Be Black For Me

* Man & Woman deeply in love
* They love each other just the way they are
* Be black for me, I think is another way of saying be who you are, love you either way.

Donnie – Cloud 9

* Happy in his own world
* “Twist my cloud and make it rain” – I think this chorus means stuff will always go wrong, but “power for the metaphysical one” means learning from the struggles and moving past them.